









# Easter Egg Blessing Milestone Moment

Milestones Ministry brings an awareness of the presence of God to individuals of all generations by recognizing the home as church, too. A Milestone Moment brings family and friends together to mark a special time in their lives and to acknowledge and affirm God's presence in their midst. Milestone Moments provide a model for connecting significant occasions in people's lives with the ongoing journey of faith.

Historically, eggs have been associated with new life, rebirth, and springtime. Many ancient cultures used eggs in their religious ceremonies. It was not long before the Christian church took up the tradition of decorating and giving eggs as gifts as part of the springtime festival of Easter to celebrate the resurrection. Decorating Easter eggs and hiding them for an Easter egg hunt has been a fun tradition for many a family gathering. Having an Easter egg hunt at one's home or at a community park can be a simple and effective way of celebrating the message of Christ's resurrection with family, friends, and neighbors. A congregation can also use the Easter egg hunt as an outreach tool for the surrounding community.

Milestones Ministry uses a simple five stage structure that includes naming, equipping, blessing, gifting, and reinforcing so that the Milestone Moment will have a greater chance to take deeper root in one's lifelong faith formation.

Moments that cause us to pause and shift gears like the celebration of the resurrection and the beginning of a new season in the church year happen once a year. Providing opportunities to take a breath and find God's presence in these moments is important. This Easter Egg Blessing Milestone Moment incorporates the five stage structure.

**Naming** – It is important to recognize a time of coloring eggs for Easter and the traditions we have of using eggs in baskets and for hunts. This can play a role in passing faith from one generation to the next.

*Equipping* – This Milestone Moment encourages caring conversations that connect our faith while participating in the tradition of coloring eggs for Easter and having an awareness of its history in the Christian church.

**Blessing** – - Blessing the eggs and the Easter egg hunt reminds us of the joy of the resurrection and our new life in Christ.

*Gifting* – Giving a tangible gift like a plastic egg with a special message, Bible verse, or gift inside is a good way to be reminded of this milestone every year during Easter.

**Reinforcing** – It is a good idea to follow up after the Blessing of the Easter Egg Milestone Moment by gathering a few weeks after Easter Sunday to talk about how the Easter egg hunt and coloring eggs enriched relationships by combining playfulness, celebration of the resurrection, and fellowship time.





Four Keys for Practicing Faith









# Easter Egg Blessing Milestone Moment

## For a Small Group or Family Gathering



### Grow the Church by Growing People in Faith

A follow up for the Blessing of Easter Egg Milestone Moment can be done with caring conversations about Easter egg hunts and gatherings with family and friends during the Easter season. Gather together with family and friends for a follow up time to pray and reflect upon God's presence in the age long tradition of using colored eggs for Easter.

An important step after experiencing the Four Keys for practicing faith in the small groups or home setting is to bless and equip friends and families to continue practicing faith by using the Four Keys daily as an intentional step to encourage faith traditions in the home.

A suggested resource for continued caring conversations:

<u>Taking Faith Home</u> FaithTalk® Cards

Additional Milestones and Milestone Moments can be found at: <a href="https://www.milestonesministry.org">www.milestonesministry.org</a>



At the heart of equipping people for their lifelong faith formation are the Four Keys for practicing faith. These faith practices are central to every milestone and integrated into people's daily lives as well as the life of the local congregation. These four daily faith practices are simple, doable, and practical: Caring Conversations, Devotions, Service, and Rituals and Traditions.

Faith in Jesus Christ is at the center of our lives. This includes in the midst of our conversations and texts with others. Gather around a meal or snack and use this Four Keys outline.



#### **Caring Conversations**

Process these thoughts and questions:

- What are some memories you have about coloring Easter eggs?
- Have you ever gone to an Easter egg hunt? Tell a story about that experience.
- How do Easter eggs remind you of the message of Easter?



#### **Devotions**

Read John 11:25-26 (CEV)

Jesus then said, "I am the one who raises the dead to life! Everyone who has faith in me will live, even if they die. And everyone who lives because of faith in me will never really die. Do you believe this?"

- What question would you like to ask Jesus about the resurrection?
- Coloring Easter eggs is more than a fun activity. The eggs and the colors remind us of new life filled with joy in Christ. How do you experience the joy of the resurrection in your daily life?



Suggested Songs: Jesus Loves Me and Jesus Christ is Risen Today

#### Service

Schedule a time to color eggs together with family and friends. Fill plastic eggs with candy or other gifts. Deliver these eggs in baskets to those who are home bound or in nursing and assisted living homes. Take time to engage in caring conversations and prayer with those you visit.



#### **Rituals and Traditions**

Place an egg in each person's hand as you bless them with this prayer:

Dear God, we thank you for the gift of Easter eggs, a sign of new life and of Christ's resurrection. May the joy of Easter be a reminder of the joy we have in you now and always through Christ's death and resurrection. Christ is risen. He is risen, indeed. Alleluia.